

JUNE 2023

SPORTS PERFORMANCE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 CLOSED MEMORIAL DAY	30 PERFORMANCE TESTING	31 PERFORMANCE TESTING	1 AGILITY Change of Direction	2 POWER DEVELOPMENT	3
4	5 SPEED	6 AGILITY Change of Direction	7 POWER DEVELOPMENT	8 SPEED	9 AGILITY Change of Direction	10
11	12 POWER DEVELOPMENT	13 SPEED	14 AGILITY Change of Direction	15 POWER DEVELOPMENT	16 SPEED	17
18	19 AGILITY Change of Direction	20 POWER DEVELOPMENT	21 SPEED	22 AGILITY Change of Direction	23 POWER DEVELOPMENT	24
25	26 SPEED	27 AGILITY Change of Direction	28 POWER DEVELOPMENT	29 SPEED	30 AGILITY Change of Direction	1