

SEPTEMBER 2023

SPORTS PERFORMANCE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 SPEED	29 AGILITY Change of Direction	30 POWER DEVELOPMENT	31 PERFORMANCE TESTING	1 CLOSED LABOR DAY	2
3	4 CLOSED LABOR DAY	5 AGILITY Change of Direction	6 POWER DEVELOPMENT	7 SPEED	8 AGILITY Change of Direction	9 POWER DEVELOPMENT
10	11 POWER DEVELOPMENT	12 SPEED	13 AGILITY Change of Direction	14 POWER DEVELOPMENT	15 SPEED	16 AGILITY Change of Direction
17	18 AGILITY Change of Direction	19 POWER DEVELOPMENT	20 SPEED	21 AGILITY Change of Direction	22 POWER DEVELOPMENT	23 SPEED
24	25 SPEED	26 AGILITY Change of Direction	27 POWER DEVELOPMENT	28 SPEED	29 AGILITY Change of Direction	30 PERFORMANCE TESTING